



FRESH CROP REPORT

WEEK OF MAY 31, 2026 - CANADIAN EDITION

RSS



Table-ready fruits & vegetables. Backed by 5-Star.

MFC



Whole fresh fruits & vegetables. Backed by 5-Star.

ESS



Whole fresh fruits & vegetables. Backed by 5-Star.



HIGHLIGHTS

AVOCADOS

Expect elevated markets and tight supplies through June. Mexico's main avocado crop is tightening; growers are delaying harvests to prolong the season until the Loca crop begins in July. California and Peruvian stocks will be shipped to help fill orders.

LEMONS

Prices for all domestic sizes remain elevated due to low volume and strong demand. In early July, both offshore and Mexican lemons will supplement domestic supplies. Expect high markets and limited stocks through June. MFC and ESS Lemons are available.

BRUSSELS SPROUTS

Quality concerns are rising as Mexican supplies tighten. Pricing is expected to climb until California's Central Coast/Salinas season begins in early July.

BROCCOLI

- Markets continue to ease. Supplies have increased dramatically in Salinas and Santa Maria, California. East Coast supplies are shipping out of the Carolinas.
- Mexican stocks (into South Texas) are plentiful. MFC Broccoli Crowns are available.

ONIONS

- Fresh-run MFC Red and Yellow Onions are available in Southern California and New Mexico. The Texas season has finished.
- Vidalia sweet onions are available in Georgia; the season will run through early September.

CUCUMBERS

- North American supplies are limited as both the East Coast and Mexican growing areas are in transition.
- Expect higher markets until supplies increase in new crop growing regions.

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apples

Michigan Red Delicious are elevated as the season ends this week; Fuji supplies will run through July. Washington markets are steady. Quality is very good; sugar levels range from 15 to 18 Brix. MFC Gala, Golden Delicious, Granny Smith, Fuji, and Red Delicious Apples are available.

REGION	SUPPLIES	QUALITY	PRICE
MI, USA	///	*****	\$\$\$
WA, USA	///	*****	\$\$\$



asparagus

The market has stabilized due to increased supplies in Baja, Michigan, and Washington; extra-large and jumbo sizes remain tight. The California season has begun. MFC Asparagus is available.

REGION	SUPPLIES	QUALITY	PRICE
USA	///	*****	\$\$\$
MEX	///	*****	\$\$\$
PERU	///	*****	\$\$\$



avocados

Expect high prices and low yields through June. Mexico's main avocado crop is tightening; growers are delaying harvests to prolong the season until the Loca crop begins in July. California and Peruvian stocks will be shipped to help fill orders. RSS Chunks, Halves, Pico de Gallo Guacamole, Authentic Chunky Guacamole, and Pure Pulp are available.

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
OFFSHORE	///	*****	\$\$\$
MEX	///	*****	\$\$\$



bell peppers green/red

East Coast green bell markets are level; Georgia production will run through June, then move up to the Carolinas. California supply is meeting demand. Red bell harvests are wrapping up in Mexico, but California yields have increased, keeping prices steady. MFC and ESS Green and Red Bell Peppers are available.

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
CANADA	///	*****	\$\$\$
GA, USA	///	*****	\$\$\$
MEX/AZ	///	*****	\$\$\$



blackberries

Prices are stable. Fruit is being harvested in mainland Mexico and the Baja Peninsula; volume will climb through June. Quality is very good; berries are plump and juicy.

REGION	SUPPLIES	QUALITY	PRICE
MEX	///	*****	\$\$\$



blueberries

Markets are low. The Mexican season has moved past its peak, but supplies are ample in California's San Joaquin Valley, Georgia, and Florida. Domestic quality is very good.

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
EAST COAST	///	*****	\$\$\$
MEX	///	*****	\$\$\$

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broccoli

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
EAST COAST	///	*****	\$\$\$
MEX/TX	///	*****	\$\$\$

Prices continue to ease. Supplies have increased dramatically in Salinas and Santa Maria, California. East Coast supplies are shipping out of the Carolinas. Mexican stocks (into South Texas) are plentiful. MFC Broccoli Crowns are available.



cantaloupe

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$

The market is up; the offshore season has ended. Domestic melons are shipping out of California; stocks will increase in June. Quality is very good; color is strong and flavor is sweet. Sugar levels range from 14 to 16% Brix. MFC Cantaloupe Melons are available.



cauliflower

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
EAST COAST	///	*****	\$\$\$

Prices are low. California volume is high in Salinas and Santa Maria. East Coast yields are increasing in Georgia and the Carolinas. Quality is very good; heads are firm and snowy white. ESS Cauliflower is available.



celery

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$

The market is elevated. Supplies will ship from Oxnard, California until the Salinas season begins in early June. Quality is good; pith is an occasional problem. MFC Celery is available.



chile peppers

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
EAST COAST	///	*****	\$\$\$
MEX	///	*****	\$\$\$

Jalapeno, Anaheim, and Serrano prices are steady; volume is climbing. Poblano and Red Fresno markets remain elevated due to limited supplies. MFC Chile Peppers are available.



cucumbers

REGION	SUPPLIES	QUALITY	PRICE
EAST COAST	///	*****	\$\$\$
MEX	///	*****	\$\$\$

Prices have stabilized. Stocks are increasing in Mexico and Georgia; growers will transition to the Carolinas in mid-June. MFC and ESS Cucumbers are available.



grapes

REGION	SUPPLIES	QUALITY	PRICE
MEX	///	*****	\$\$\$
OFFSHORE	///	*****	\$\$\$

Prices are elevated. The Chilean/Peruvian offshore season is nearly over; MFC Lunch Bunch Grapes will ship through mid-June. The Mexican season has begun; MFC Green and Red Seedless Grapes are available. California production will get underway in July.

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green leaf

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
MEX	///	*****	\$\$\$

Markets will remain elevated through mid-June. Stocks are limited due to increased disease pressure, specifically Impatiens Necrotic Spot Virus (INSV) and Sclerotinia. MFC Green Leaf Lettuce is sporadic; Markon Best Available (MBA) will be substituted as necessary.



honeydew

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
MEX	///	*****	\$\$\$

Prices are steady. Domestic melons are shipping out of California; stocks will increase in June. Quality is very good; color is strong and flavor is sweet. Sugar levels are approximately 14% Brix. The offshore season has ended. Domestic MFC Honeydew Melons are available.



iceberg

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
MEX	///	*****	\$\$\$

Markets are escalating as disease pressure intensifies. supplies are tightening due to increased Impatiens Necrotic Spot Virus (INSV) and Sclerotinia. Quality ranges from fair to good. MFC Iceberg Lettuce is available, but MBA will be substituted as needed.



lemons

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
MEX	///	*****	\$\$\$
OFFSHORE	///	*****	\$\$\$

Prices for all domestic sizes remain elevated due to low volume and strong demand. In early July, both offshore and Mexican lemons will supplement domestic supplies. Expect high markets and limited stocks through June. MFC and ESS Lemons are available.



limes

REGION	SUPPLIES	QUALITY	PRICE
MEX/TX	///	*****	\$\$\$
OFFSHORE	///	*****	\$\$\$

Markets for small sizes (200-count and smaller fruit) are steady. Large sizes are scarce; prices are high. Quality ranges from good to fair; discoloration and scarring are minor problems. MFC and ESS Limes are available.



onions

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
GA, USA	///	*****	\$\$\$
NM, USA	///	*****	\$\$\$

Prices are unchanged. Fresh-run MFC Red and Yellow Onions are available in Southern California and New Mexico. The Texas season has finished. Vidalia sweet onions are available in Georgia; the season will run through early September.



oranges

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
FL, USA	///	*****	\$\$\$
MEX/AZ	///	*****	\$\$\$
OFFSHORE	///	*****	\$\$\$
TX, USA	///	*****	\$\$\$

Markets are elevated; small sizes will remain extremely limited through early October. Large sizes make up most of the California Valencia orange crop; 56- through 88-count fruit is most plentiful. Unseasonably early rains have accelerated fruit growth. MFC and ESS Navel Oranges are available.



pears

REGION	SUPPLIES	QUALITY	PRICE
WA, USA	///	*****	\$\$\$

Washington prices are stable. The California Bartlett season will get underway in July. MFC Anjou Pears are available.

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pineapples

REGION	SUPPLIES	QUALITY	PRICE
CR	///	*****	\$\$\$

The market is steady; supplies are sufficient and quality is very good. RSS Pineapple Chunks and Spears are available.



red/yellow potatoes

REGION	SUPPLIES	QUALITY	PRICE
AZ, USA	///	*****	\$\$\$
CA, USA	///	*****	\$\$\$
CO, USA	///	*****	\$\$\$
FL, USA	///	*****	\$\$\$
ID, USA	///	*****	\$\$\$
WA, USA	///	*****	\$\$\$

Yellow potato prices are elevated; red markets are level. The North Dakota season has ended. Harvesting is underway in Arizona and California; supplies will increase in June. MFC Red and Yellow Potatoes are available.



potatoes

REGION	SUPPLIES	QUALITY	PRICE
CO, USA	///	*****	\$\$\$
ID, USA	///	*****	\$\$\$
NV, USA	///	*****	\$\$\$
WA, USA	///	*****	\$\$\$
WI, USA	///	*****	\$\$\$

Weak markets persist. Large sizes are particularly snug in Idaho; smaller sizes and No. 2-grades are plentiful. MFC Idaho Burbank and Norkotah Potatoes are available.



raspberries

REGION	SUPPLIES	QUALITY	PRICE
MEX	///	*****	\$\$\$

Prices are unchanged. Baja volume will climb through June; quality is very good; berries are plump, red, and juicy.



romaine

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
MEX	///	*****	\$\$\$

Markets will remain elevated through mid-June. Stocks are limited due to increased disease pressure, specifically Impatiens Necrotic Spot Virus (INSV) and Sclerotinia. Additional challenges include internal burn and mildew pressure, further impacting supply levels. MFC Romaine Lettuce is sporadic; MBA will be substituted as necessary.



salads & blends

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$

Prices are stable. Supplies are tight due to increased disease pressure, specifically Impatiens Necrotic Spot Virus (INSV) and Sclerotinia. Additional challenges include internal burn and mildew pressure, further impacting supply levels.

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spring mix

Markets are level; supplies are adequate. Quality is very good, but potential rain may affect some lots later this week. RSS Arugula, Spinach, and Spring Mix are available.

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$



squash

Prices are weak. Volume is high in California's San Joaquin and Santa Maria Valleys. Mexico's Sonoran season is winding down, but the Baja season is getting underway. East Coast supplies are ample out of Georgia and North Carolina. MFC Zucchini and Yellow Squash are available.

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
EAST COAST	///	*****	\$\$\$
MEX	///	*****	\$\$\$



stone fruit

The market is starting to stabilize. Nectarine, peach, and plum stocks are becoming more plentiful. Sugar levels range from 12 to 14 Brix.

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$



strawberries

Prices are steady; the Salinas/Watsonville season will hit its peak in early June. Quality is very good; berries are bright red and juicy with deep flavor. MFC Strawberries are available.

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$



tomatoes

Roma and round markets are weak; all tomato varieties are ample. East Coast production is underway in Northern Florida, Georgia, and the Carolinas. Mexican harvests are focused in Jalisco and Baja; volume is high. Quality is very good. MFC Tomatoes are available.

REGION	SUPPLIES	QUALITY	PRICE
EAST COAST	///	*****	\$\$\$
MEX	///	*****	\$\$\$



watermelon

Prices are unchanged; Florida supplies are ample. The Georgia season will get underway in two weeks. Quality is very good; flesh is firm, color is bright, and flavor is mildly sweet.

REGION	SUPPLIES	QUALITY	PRICE
EAST COAST	///	*****	\$\$\$

ASK A MARKON CHEF

Markon has gathered a group of our member- and grower-affiliated chefs to answer your questions about produce.



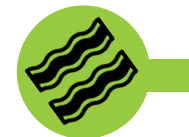
CHEF
SARAH RICHARDSON
MARKON MEMBER CHEF

Q Nothing says spring like the bold color and flavors of fresh berries. What are some original ways you suggest chefs feature them on seasonal menus?

A ← Mocktails continue to gain market share across all foodservice segments as Gen Z (and now Gen Alpha) are drinking less alcohol than previous generations.



Embrace this sales opportunity by offering vibrantly colored, refreshing beverages with fresh, muddled MFC Strawberries, blueberries, blackberries,



raspberries, and convenient mixers like RSS Lemonade, RSS Margarita Mix, and sparkling water.

TIPS FOR SERVING MFC SHISHITO PEPPERS



- 1.** Pan-fry in a cast-iron skillet until skins blister and char. Toss with Japanese furikake and crispy puffed rice.
- 2.** Shishitos make an ideal tempura vegetable. Batter and deep fry; serve with a sesame-soy dipping sauce.
- 3.** Add to stir-fries and fried rice dishes alongside other vegetables such as mushrooms, onions, garlic, and red bell peppers.

MENU FEATURE

Every chef needs a few solid recipes in his or her repertoire. That's why Markon has put together a catalog of fresh produce-based recipes that cover it all: day- and menu-parts, the range of seasons, a variety of cuisines, and a diverse list of ingredients.



Flaky pastry tarts filled with tangy mascarpone cheese and topped with an eye-catching, delicious strawberry lattice and hibiscus sugar crystals.

Blistered Shishito Peppers with Puffed Rice

Charred to give these mild peppers smoky, sweet notes, this shareable appetizer is tossed with Japanese furikake and crispy puffed rice. Serve alone or with a dipping sauce.

- 1 lb. Shishito peppers
- 2 T Sesame oil
- 1 T Furikake seasoning
- 2 T RSS Orange Juice
- 1 T Soy sauce
- 1 C Puffed rice
- 1 T Zest of MFC Oranges
- Microgreens and edible flowers, to garnish

Toss peppers in oil and furikake. Add to a hot wok and cook, tossing occasionally, but allowing peppers to char on all sides. Deglaze with orange juice and soy sauce, tossing until liquid cooks off.

Remove from heat and toss with puffed rice and orange zest. Arrange all on a sharing platter and serve.